



Regd. No.221497/076/077

**TREKKING & TOUR OPERATOR**  
**JAGADAMBA HOLIDAYS**  
 NEPAL ADVENTURES

# GO KYO RENJOLA TREK

## Brief Travel Itinerary

Day	Date	Activities	Altitude	Distanve	Time	Elevation (M) ↑ ↓
1		Arrival Day & transfer to hotel. Stay in Hotel	1,350 m	06.00 Km	30 min	210 m ↑ 410 m ↓
2		Drive from KTM – Ramechhap ( <b>132 Km &amp; 4 Hrs</b> ), Fly from Ramechhap – Lukla ( <b>20 min</b> ) and Trekking – Phakding. Stay in lodge	2,610 m	08.26 Km	3-4 Hrs	210 m ↑ 410 m ↓
3		Trekking – Namche Bazar & Stay in Lodge	3,440 m	10.10 Km	5-6 Hrs	210 m ↑ 410 m ↓
4		Acclimatization day and hiking around	-	-	-	-
5		Trekking – Dhole & Stay in Lodge	4,280 m	11.80 Km	4-5 Hrs	1020 m ↑ 410 m ↓
6		Trekking – Machhermo & Stay in Lodge	4,470 m	05.23 Km	3-5 Hrs	410 m ↑ 50 m ↓
7		Acclimatization day and hiking around	-	-	-	-
8		Trekking – Gokyo, <b>Opt.</b> Visit Gokyo Ri (5,360 m) for sunset view of Mt. Everest & Stay in Lodge	4,790 m	07.46 Km	4-5 Hrs	400 m ↑ 40 m ↓
9		Cross <b>Renjo La (5,360 m)</b> then after continue trekking – Lunden & Stay in Lodge	4,368 m	11.20 Km	7-8 Hrs	590 m ↑ 980 m ↓
10		Trekking – Thame & Stay in Lodge	3,820 m	09.83 Km	4-5 Hrs	20 m ↑ 600 m ↓
11		Trekking – Monjo & Stay in Lodge	2,835 m	14.30 Km	6-6 Hrs	370 m ↑ 1280 m ↓
12		Trekking – Lukla & Stay in Lodge	2,840 m	13.00 Km	5-6 Hrs	440 m ↑ 450 m ↓
13		Fly from Lukla – Ramechhap (474 m, <b>20 min</b> ) then drive from Manthali – Kathmandu ( <b>132 Km &amp; 5 Hrs</b> ) and Stay in Hotel	1,350 m	-	-	-
14		Reserve day and optinal culture tour in Kathmandu	1,350 m	-	-	-
15		Departure and transfer to airport	-	06.00 Km		-

Note: R = Room, B = Breakfast, L = Lunch and D = Dinner. Min = Minute, Hrs = Hour, M = Meter



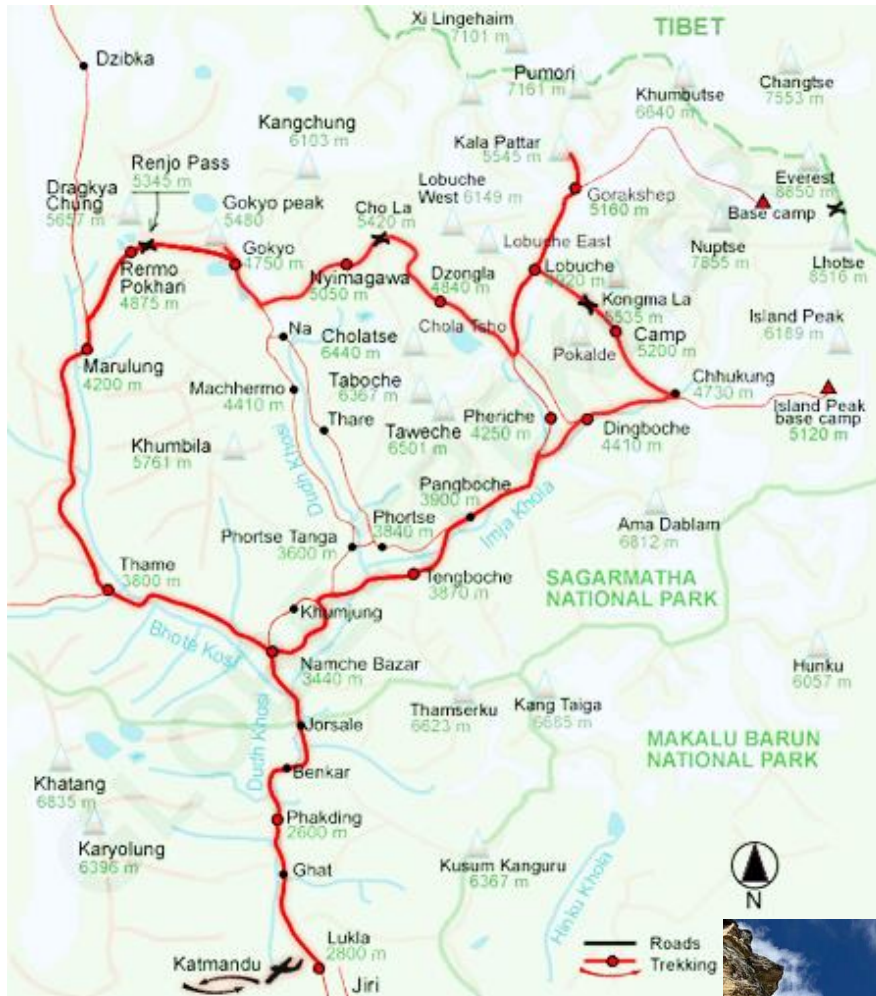
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## Trip Overview:



Embark on an awe-inspiring adventure through the Gokyo Valley, a trek that promises breathtaking landscapes and a glimpse into the heart of the Himalayas. The journey unfolds with a challenging ascent through the Renjo La Pass, a high mountain pass renowned for its panoramic vistas.

As you traverse the Gokyo Valley, you'll find yourself surrounded by towering peaks, pristine glaciers, and turquoise lakes that mirror the majestic summits above. The trail

meanders through quaint Sherpa villages, allowing trekkers to immerse themselves in the rich local culture and hospitality.

The Renjo La Pass, standing at an elevation of approximately 5,360 meters (17,585 feet), marks a highlight of the trek. Upon reaching the pass, a visual spectacle unfolds, offering commanding views of Everest, Lhotse, Makalu, and a myriad of other peaks





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that dominate the horizon. The sense of accomplishment at the summit is unparalleled, making the arduous climb well worth the effort. Descending from Renjo La, the trail continues to unveil the surreal landscapes of the Gokyo region. Marvel at the series of emerald lakes, with Gokyo Lake being the largest and most captivating. Surrounded by snowy peaks, the reflection of the mountains in the still waters creates a picture-perfect scene. The trek also includes an ascent to Gokyo Ri, a vantage point that provides an unobstructed 360-degree panorama of the entire





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Everest region. Watch the sunrise illuminate the snow-capped peaks, casting a warm glow on the vast Himalayan expanse. Throughout the Gokyo Valley trek, trekkers are treated to encounters with the local Sherpa community, known for their warm hospitality and resilient spirit. The traditional tea houses along the route offer a cozy retreat for rest and rejuvenation, with hearty meals that replenish energy for the next day's adventure.

In essence, the Gokyo Valley trek through Renjo La Pass is a transcendent journey that combines the thrill of high-altitude trekking with the serenity of pristine mountain landscapes. It's an experience that leaves an indelible mark on the soul, inviting adventurers to forge a deeper connection with the grandeur of the Himalayas.. You will support local economies, discover the power that lies within you, and make friends and memories that will last a lifetime. If so, what are you waiting for? After have taste of the sublime beauty of Everest Base Camp your journey ends and need to back to Lukla to take a short flight to Kathmandu. **Additionally, during a day of relaxation in Kathmandu on this journey, we highly suggest exploring key sites for a memorable first visit to Nepal: the historic royal city of Bhaktapur Durbar, the Buddhist stupa at Bouddhanath, and the Hindu temple of Pashupatinath.**





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### Special Note:

- ✓ Domestic Airfare is **subject to changes without prior notice**
- ✓ If the weather is bad, **500 to 700** USD for helicopter shuttle flight to Lukla or vv.
- ✓ If group size is **10 paying pax then 50% of trek cost of tour leader** will be waived.
- ✓ If group size is **15 paying pax then 100% of trek cost of tour leader** will be waived.
- ✓ Trekking **permit, flight & hotel's tax** cost of tour leader will not be waived.

### Basic Trekking Gears:

- ▶ Sleeping bag and Down jacket
- ▶ T-shirt and half pant for day walking
- ▶ Hiking pants and Hiking shirts
- ▶ Full-sleeves shirt and T-shirts
- ▶ Wind proof jacket and trouser
- ▶ Fleece jacket and warm Shirt
- ▶ Sun hat and Sun cream
- ▶ Trekking shoes and socks
- ▶ Personal towel, tooth paste and brush
- ▶ Flashlight, Batteries and bulbs
- ▶ Sport shoes for morning and evening use
- ▶ Sandal using evening and morning
- ▶ Sun glass and snow glasses
- ▶ Knife, Glove and Walking stick (If needed)
- ▶ Day pack & Water bottle
- ▶ Rain coat (personal and Backpack)
- ▶ Personal Medicine and first-aid medical kit





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# Tour cost as per Contract

## Cost Inclusions:

- ✓ Airport arrival and departure transfer by private vehicle
- ✓ Sagarmatha National Park entry permit fee
- ✓ Khumbu Pasang Lhamu Rural Municipality fee
- ✓ TIMS Card – **Trekking Information Management System** Card
- ✓ **Accommodation in Kathmandu \*\*\***
  - *3 nights @ Kathmandu Guest House twin share deluxe room*
  - *Daily free buffet breakfast at the KTM Guest House*
  - *Free daily bottled water & Coffee maker in the room*
- ✓ Hot drinks (Tea or Coffee) **at breakfast time** during trek
- ✓ **11 nights** stay during the trek (**twin share, shared bathroom**)
- ✓ **12 Days** Full board (**Breakfast, Lunch and Dinner**) teahouse trek
- ✓ Ramechhap – Lukla – Ramechhap airfare of guest and one guide
- ✓ Kathmandu – Ramechhap – Kathmandu transfer by private vehicle
- ✓ Trekking staff (**guide and porter**) salary, food, lodge and travel insurance.
- ✓ An English-speaking veteran and a licensed trekking guide **from Kathmandu**
- ✓ Porter (s) for carrying guest luggage **from Lukla** (2 guests = 1 porter and maximum 25 kg).
- ✓ If the group size is more than **5** people, we will provide an additional guide.

ADDRESS: P.O. BOX: 7951, CHAKSIBARI MARG 16, SAAT GHUMTI, THAMEL, KATHMANDU - 44600. PH: +977-1-59 11 502

URL: [WWW.HIMALAYAFAIRTREKKING.COM](http://WWW.HIMALAYAFAIRTREKKING.COM) / [WWW.JAGADAMBAHOLIDAYS.COM](http://WWW.JAGADAMBAHOLIDAYS.COM) EMAIL: [JAGADAMBAHOLIDAY@GMAIL.COM](mailto:JAGADAMBAHOLIDAY@GMAIL.COM)



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## Cost Exclusions:

- ✘ Lunch and Dinner in Kathmandu
- ✘ Single supplement fee (Kathmandu only) – € 225.00 per single room user
- ✘ Room upgrade charges as per given rate if anyone is interested.
- ✘ Extra cost if you want to stay in attached bathroom **during trek**.
- ✘ Free baggage 15 kg (10 luggage and 5 hand bag)
- ✘ Any sightseeing tour in Kathmandu (*On Request*)
- ✘ Single room charges in trek as per given rate if anyone is interested.
- ✘ Single room charge in Kathmandu as per given rate if anyone is interested.
- ✘ Any costs incurred due to **Lukla** flight delays or cancellations.
- ✘ Transport service for private activities around Kathmandu.
- ✘ If the weather is bad then the **500 to 700 USD for helicopter shuttle flight** to Lukla or vv.
- ✘ Personal nature of expenses and trekking gears (Jacket & Sleeping bag etc.)
- ✘ Bar bills, and extra drinks (**tea, coffee**, mineral **water**, beer, **coke** or Chocolate etc.)
- ✘ Travel Insurance: Strong travel insurance for rescue work, usually up to **10,000** us dollars.
- ✘ Hotel cost if earlier return from trekking by any reason should be paid by customer.
- ✘ All cost arises by any reason which is not in our control should be paid by customer.
- ✘ Service which is not mentioned in the price inclusion paragraph is are extras.
- ✘ TIPS for trekking staffs (**Approx. € 10 per day per customer**)

## Note for extra cost for trek: € 250-300 per person

- ❖ Average water 3 litter per day
- ❖ Average 3 cups tea or coffee per day
- ❖ Internet and charge and other average expenses during trek